

Keep It Short

Start Here!

A **summary** sums up or tells what a paragraph or story is about. A summary tells the main facts or ideas. It does not give all the details.



Read the paragraph below.  **Then use the words in the box to complete the summary that follows. Use each word once.**



Many earthquakes occur every year, but most do very little damage. Some of them, however, kill thousands of people and destroy cities. Earthquakes on the floor of the ocean can cause huge waves, called tsunamis, to speed toward land where they cause tremendous damage.

The worst earthquake in the history of the United States was in San Francisco in 1906. Most of the damage was done by fires that broke out as a result of the earthquake. Five hundred people were killed, and \$500,000,000 worth of property was destroyed.

property
fires

tsunamis
hundred

worst
people

cities
earthquakes

Many (1.) _____ occur each year. Though most earthquakes do little damage, some kill (2.) _____ and destroy (3.) _____. Earthquakes that occur in the ocean may cause (4.) _____, huge waves that race to shore. The (5.) _____ earthquake in the United States occurred in San Francisco in 1906. Many (6.) _____ broke out in the city. Five (7.) _____ people were killed, and \$500,000,000 worth of (8.) _____ was destroyed.

Go on to the next page.

Keep It Short, p. 2

 Read the paragraph below.  Then use the words in the box to complete the summary that follows. Use each word once.

Food is fuel for our bodies. The fuel value is measured in calories. An apple has 75 calories, and a cup of peanuts has 805 calories. That means that the peanuts furnish a lot more heat and energy for the body than the apple.

Most children need about 2,000 calories a day. If more calories are eaten than the body needs, the body stores the food as fat. If not enough food is eaten, the body uses up fat, or other body cells, since it must have fuel.

Foods with the most calories are not necessarily the best for your body. For example, both a cola drink and a banana have about 100 calories. The banana has other nutrients that help the body stay healthy.

fat	calories	heat	body
energy	nutrients	fuel	

Food is (1.) _____ for our bodies and is measured in (2.) _____. Foods with more calories furnish more (3.) _____ and (4.) _____ for the body. If more calories are eaten than the body needs, the food turns into (5.) _____. If not enough food is eaten, the (6.) _____ uses up the fat and other cells to get the fuel. Foods with the same high calories may have different (7.) _____, and one may be more healthy for your body.

